

GROUP PILATES TIMETABLE - ABERFOYLE PARK

MON	TUE	WED	THU	FRI	SAT
9:00 AM Tom		9:00 AM Abbie	9:00 AM Tom	8:30 AM Rhiannon	8:30 AM Suruchi
9:50 AM Tom	10:00 AM Nathan	10:00 AM Tom	10:30 AM Mik	8:40 AM Rhiannon	9:10 AM Suruchi
2:00 PM Mik	10:40 AM JC			10:00 AM JC	9:50 AM Nathan
2:40 PM JC	2:00 PM JC	2:00 PM JC	2:00 PM JC	2:00 PM Mik	10:30 AM Nathan
5:30 PM Tom			4:30 PM JC	2:40 PM JC	
6:10 PM Rhiannon	5:30 PM Nathan	5:50PM Rhiannon	5:50 PM Abbie		
6:50 PM Suruchi	6:20 PM Mik				



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Please note that class times & instructors are subject to change.