

GROUP PILATES TIMETABLE - ABERFOYLE PARK

MON	TUE	WED	THU	FRI	SAT
9:00 AM Tom		9:00 AM Shawn	9:00 AM Tom	8:30 AM Rhiannon	8:30 AM Betty
9:50 AM Tom	10:00 AM Kunika	10:00 AM Tom	10:30 AM Mik	10:00 AM JC	
	10:40 AM JC				9:50 AM Betty
2:00 PM Mik	2:00 PM JC	2:00 PM JC	2:00 PM JC	2:00 PM Mik	10:30 AM Betty
2:40 PM JC			4:30 PM JC	2:40 PM JC	
5:30 PM Tom	5:30 PM Shawn	5:50PM Rhiannon	6:00 PM Kunika		
6:50 PM Betty	6:20 PM Mik				



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Please note that class times & instructors are subject to change.