

GROUP PILATES TIMETABLE - CITY EAST

MON	TUE	WED	THU	FRI	SAT
	7:20 AM Vincent		7:20 AM Silvi		
8:00 AM Silvi	8:00 AM Vincent		8:00 AM Silvi		9:00 AM Kunika
9:20 AM Silvi	9:20 AM Kunika	9:20 AM Nicole	9:20 AM Kunika	9:20 AM Nicole	9:40 AM Kunika
10:00 AM Tom	10:00 AM Tom	10:00 AM Nicole	10:00 AM Tom	10:00 AM Nicole	10:20 AM Kunika
			10:40 AM Silvi	11:00 AM Kunika	
1:00 PM Silvi	1:00 PM Tom	1:00 PM Silvi	1:00 PM Tom		
4:40 PM Tom	5:00 PM Silvi	4:40 PM Kunika	5:00 PM Kunika		
5:20 PM Tom	5:50 PM Tom	5:20 PM Kunika	5:50 PM Tom		



corephysio.com.au



Please note that class times & instructors are subject to change.