

## GROUP PILATES TIMETABLE - CITY EAST

MON	TUE	WED	THU	FRI	SAT
	7:20 AM Ankita		7:20 AM Ankita		
8:00 AM Silvi	8:00 AM Ankita	8:00 AM Ankita	8:00 AM Ankita		9:00 AM Tom
9:20 AM Ankita	9:20 AM Ankita	9:20 AM Nicole	9:20 AM Ankita	9:20 AM Nicole	9:40 AM Tom
10:00 AM Ankita	10:00 AM Ankita	10:00 AM Nicole	10:00 AM Ankita	10:00 AM Nicole	10:20 AM Tom
			10:40 AM Ankita	11:00 AM Vincent	
1:00 PM Vincent	1:00 PM Tom	1:00 PM Ankita	1:00 PM Tom		
4:40 PM Ankita	5:00 PM Silvi	4:40 PM Vincent	5:00 PM Silvi		
5:20 PM Tom	5:50 PM Tom	5:20 PM Vincent	5:50 PM Tom		



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*Please note that class times & instructors are subject to change.*