

GROUP PILATES TIMETABLE - DAW PARK

MON	TUE	WED	THU	FRI	SAT
8:30 AM Ella	7:30 AM James		7:30 AM Sanjana		
9:30 AM James	8:40 AM James	8:30 AM Ella	8:30 AM Sanjana	8:30 AM Ella	8:30 AM James
10:30 AM Mahesh	9:30 AM Andrew	9:40 AM Ella	9:30 AM Andrew	9:30 AM Fatima	9:10 AM James
1:30 PM Sanjana	10:30 AM Sanjana	10:20 AM Ella	10:30 AM Andrew	10:30 AM Sanjana	9:50 AM James
4:30 PM Mahesh	4:30 PM Ella	1:00 PM Sanjana	2:00 PM James	1:00 PM Ella	
5:30 PM Andrew	5:30 PM Sanjana		4:30 PM Sanjana	4:20 PM Fatima	
6:30 PM Sanjana		5:30 PM Andrew	5:30 PM Ella		



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Please note that class times & instructors are subject to change.